

MEMBERSHIP OPTIONS

Limited Benefits

Intro

Ongoing Clubs & Activities (\$5/visit)

Wellness Classes from Juniper (Fees apply)

Special Events & Classes (Fees apply)

Hosted Activities & Services (Fees vary)

Group Excursions (Fees vary; Waitlist only)

Rides to Medical Appointments (\$25/roundtrip) Social Benefits

Connect

Ongoing Clubs & Activities (FREE)

Wellness Classes from Juniper (FREE)

Special Events & Classes (Discounted)

Hosted Activities & Services (Fees vary)

Group Excursions (Fees vary)

Rides for Medical & Non-Medical Needs (1 request/year FREE)

At-Home Service (1 request/year FREE)

Access to Member-Only Facebook Community (FREE)

Monthly Member Digest (FREE) Social & Service Benefits

Enrich

Ongoing Clubs & Activities (FREE)

Wellness Classes from Juniper (FREE)

Special Events & Classes (FREE)

Hosted Activities & Services (Fees vary)

Group Excursions (Discounted)

Rides for Medical & Non-Medical Needs (6 requests/month FREE)

At-Home Services (2 requests/month FREE)

Access to Member-Only Facebook Community (FREE)

Monthly Member Digest (FREE)

Seasonal Services (FREE but limited)

Companion Calls (2 calls/month FREE)

No Annual Fee Costs Vary Per Person Annual Fee= \$144 (Equal to \$12/month) Annual Fee= \$480 (Equal to \$40/month)

Explanation of Benefits

Ongoing Clubs & Activities include bingo, cards and board games, chat groups, book club, arts and crafting activities, quest speakers, and more.

Wellness Classes from Juniper include instructor-led classes that show proven wellness results for older adults. One offering is Stay Active and Independent for Life (SAIL)- an exercise class that increases strength, balance, and fitness and incorporates active movement into your everyday life.

Special Events & Classes include cooking classes and card making classes, as well as holiday parties, live music, educational series, additional wellness classes, and much more.

Hosted Activities & Services include additional wellness classes, bowling, insurance counseling, hearing and vision resources, foot care, and more. These activities are held in partnership with other entities, and the same fee applies to all participants. The fee may be FREE if the partner offers the activity or service for free.

Group Excursions include trips to local ticketed events, sporting events, museums, artistic performances, social hours, and more. Group transportation is often included.

Ride Services include medical rides, and for Connect & Enrich Members also include rides for errands, social events, and delivery of essential items. There are limitations on the distance of a ride. This benefit is only available to those living in the Stillwater Area School District #834.

At-Home Services include light house cleaning, arranging furniture, garden care, window washing, minor repair, pet walking, and more. There are limitations on the size of the task. This benefit is only available to those living in the Stillwater Area School District #834.

Access to Member-only Facebook Community includes real-time announcements and discussions to keep you socially connected from home. Tips for accessing and using Facebook can be provided.

Monthly Member Digest sent directly to you by mail or email each month with news you can use to maximize your membership experience, including early announcements of member-only events!

Seasonal Services include lawnmowing, raking, and snow removal services. This benefit is only available to those living in the Stillwater Area School District #834 and is limited by volunteer availability.

Companion Calls include two pre-arranged phone calls per month with a matched volunteer. These calls are meant for social engagement and do not funcation as medicine reminders or welfare checks.

ADDITIONAL BENEFITS

Coffee & Treats offered daily in Stillwater.

Books, Puzzles, & Games Exchange by visiting our small on-site library in Stillwater.

Connector Bus Loop runs every Monday from 10am-3pm, with scheduled stops at housing complexes, stores, and clinics in Stillwater and Oak Park Heights.

COMING SOON

Trade Provider List includes member referrals for plumbing, electrical, legal services, and other licensed or certified services that cannot be provided by Thrive volunteers.

Home Safety Assessments include a once-per-year review of your home interior with tips for keeping your living spaces safe and functional.

Benefits reflect member feedback and will be added as the program grows!

Ouestions?

Please contact Rachel or Kim at (651) 439-7434 or Thrive@CommunityThreadMN.org