



community thread

MEMBERSHIP OPTIONS

Curious? First social visit is free!

Limited Benefits

Intro

Ongoing Clubs & Activities (\$5/visit)

Silver Sneakers Circuit (Fees may apply)

Tai Chi Quan (\$3/class)

Special Events & Classes (Fees & waitlist may apply)

Hosted Activities & Services (Fees vary)

Group Excursions (Fees vary; Waitlist only)

Rides to Medical Appointments (\$25/roundtrip)

Social Benefits

Connect

Ongoing Clubs & Activities (FREE)

Silver Sneakers Circuit (FREE)

Tai Chi Quan (FREE)

Special Events & Classes (Discounted & priority registration)

Hosted Activities & Services (Fees vary)

Group Excursions (Fees vary)

Rides for Medical & Non-Medical Needs (1 request/year FREE)

At-Home Service (1 request/year FREE)

Access to Member-Only Facebook Community (FREE)

Monthly Member Digest (FREE)

Social & Service Benefits

Enrich

Ongoing Clubs & Activities (FREE)

Silver Sneakers Circuit (FREE)

Tai Chi Quan (FREE)

Special Events & Classes (FREE & priority registration)

Hosted Activities & Services (Fees vary)

Group Excursions (Discounted)

Rides for Medical & Non-Medical Needs (6 requests/month FREE)

At-Home Services (2 requests/month FREE)

Access to Member-Only Facebook Community (FREE)

Monthly Member Digest (FREE)

Seasonal Services (FREE but limited)

**No Annual Fee
Costs Vary Per Person**

**Annual Fee= \$144
(Equal to \$12/month)**

**Annual Fee= \$480
(Equal to \$40/month)**

Worried about pricing? Call us! Reduced rates are available to those who qualify.

Explanation of Benefits

Ongoing Clubs & Activities include chat groups, book club, trivia, bingo, cards and board games, art and music groups, guest speakers, and more.

Silver Sneakers Circuit is an instructor-led class combining cardiovascular and muscular endurance in a standing circuit workout. For those with specific insurance coverages, this class is FREE. If not covered by insurance, this class is FREE to Connect & Enrich Members.

Tai Chi Quan is an instructor-led class focused around improving your balance, strengthening your muscles, and reducing your risk of falling. This class is FREE to Connect & Enrich Members.

Special Events & Classes include cooking classes and card making classes, as well as holiday parties, live music, educational series, additional wellness classes, and much more.

Hosted Activities & Services include bowling, insurance counseling, hearing and vision resources, foot care, and more. These activities are held in partnership with other entities, and the same fee applies to all participants. The fee may be FREE if the partner offers the activity or service for free.

Group Excursions include trips to local ticketed events, sporting events, museums, artistic performances, social hours, and more. Group transportation is often included.

Ride Services include medical rides, and for Connect & Enrich Members also include rides for errands, social events, and delivery of essential items. There are limitations on the distance of rides. This benefit is only available to **Washington County residents** who live in the Stillwater Area School District #834 or live north of Hwy 96.

At-Home Services include light house cleaning, arranging furniture, garden care, window washing, minor repair, pet walking, and more. There are limitations on the size of the task. This benefit is only available to those living in the Stillwater Area School District #834.

Access to Member-only Facebook Community includes real-time announcements and discussions to keep you socially connected from home. Tips for accessing and using Facebook can be provided.

Monthly Member Digest sent directly to you by mail or email each month with news you can use to maximize your membership experience, including early announcements of member-only events!

Seasonal Services include lawnmowing, raking, and snow removal services. This benefit is only available to those living in the Stillwater Area School District #834 and is limited by volunteer availability.

ADDITIONAL BENEFITS

Coffee & Treats offered daily in Stillwater.

Books, Puzzles, & Games Exchange by visiting our small on-site library in Stillwater.

Monthly Birthday Bash welcomes members who share a birth month to get together and celebrate!

Connector Bus Loop runs on Mondays. Call for details.

CURRENTLY IN DEVELOPMENT

Solo Living Group is a member-led group of adults who live solo in their homes. Whether living alone, with a roommate, or as a caretaker, if you identify as living solo" this group connects those with shared experience to stay active, learn new things, and live vibrantly.

Home Safety Assessments include a once-per-year review of your home interior with tips for keeping your living spaces safe and functional.

Benefits reflect member feedback and will be added as the program grows!

Questions?

Please contact Rachel or Kim at (651) 439-7434 or Thrive@CommunityThreadMN.org