

Speed Volunteering Opportunity

Community Thread Service Initiative

Older Adult Kits

Supplies Needed

- Slipper socks (with grippers)
- Large print crossword puzzle
- Hand lotion
- Hard candy
- Tea packet
- Kleenex
- Plastic or Paper Bag

Why Older Adult Kits?

A little care goes a long way, especially for older adults who may not have ready access to the supplies listed above.

Making this kit will help older adults in our community live comfortably and feel a sense of care no matter their living situation.

Reflection

- What did you do today?
- What did you learn that you did not know before?
- How did making these hygiene kits to donate make you feel?
- How will a kit help someone?

Instructions

1. Gather or buy supplies listed on the left. Make sure to only include new items.
2. Gather a group of friends, family, or coworkers to help you assemble the kits.
3. Put one of each supply into a bag.
4. Print out coloring sheets to decorate and include or write an inspirational message (optional).
5. Assemble as many kits as you like! Drop kits off in a bin inside the foyer at Community Thread any time during business hours Monday-Friday from 9am-4pm.

Purpose

These packs will be distributed to nonprofits throughout the St. Croix Valley. Clients at these nonprofits will receive the needed supplies thanks to your packing!

Drop off completed kits at Community Thread. Help us connect the dots for our community!

#stcroixserves



community thread

www.CommunityThreadMN.org

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