

# Speed Volunteering Opportunity

## Community Thread Service Initiative

### Hygiene Kits

#### Supplies Needed

- Shampoo & Conditioner
- Bar of soap
- Deodorant
- Toothpaste
- Toothbrush
- Comb
- Gallon-size bag

### Why Hygiene Kits?

All members of our community deserve access to basic hygiene care. Hygiene kits provide necessary products to those without access to the proper supplies.

Making a hygiene kit will help a community member feel good, and you will feel good doing it!

#### Reflection

- What did you do today?
- What did you learn that you did not know before?
- How did making these hygiene kits to donate make you feel?
- How will a kit help someone?

### Instructions

1. Gather or buy supplies listed on the left. Make sure to only include new items.
2. Gather a group of friends, family, or coworkers to help you assemble the kits.
3. Put one of each supply into a bag.
4. Print out coloring sheets to decorate and include or write an inspirational message (optional).
5. Assemble as many kits as you like! Drop kits off in a bin inside the foyer at Community Thread any time during business hours Monday-Friday from 9am-4pm.

### Purpose

These packs will be distributed to nonprofits throughout the St. Croix Valley. Clients at these nonprofits will receive the needed supplies thanks to your packing!

Drop off completed kits at Community Thread.  
Help us connect the dots for our community!

#stcroixserves



community thread

[www.CommunityThreadMN.org](http://www.CommunityThreadMN.org)

651-439-7434 | 2300 Orleans Street West, Stillwater